

Bismillaahir Rahmaanir Raheem

## Blessings of the month of Sha'baan

This is the eighth month of Muslim Lunar calendar. Like the previous month of Rajab and the following month of Ramadan, this month is also designated as a blessed month.

According to Hadith Prophet Muhammad (S.A.) said: "Sha'baan is my month"

Imam Ali bin Hussain A.S. told his companions: "The Holy Prophet (S.A.) used to observe Fast during the whole month of Sha'baan. Therefore, whoever loves the Prophet and wishes to seek nearness of Allah and receive bounties and rewards in this world and the hereafter, should connect Sha'baan with Ramadan (i.e., Fast and make special prayers.) Observing Fast for three days each, in the beginning, in the middle and at the end of the month is highly recommended and considered equal to Fasting the whole month.

### Special Events. \*\*

3<sup>rd</sup> Sha'baan is birthday of Imam Husain bin Ali A.S.

4<sup>th</sup> Sha'baan is birthday of Hazrath Abbas bin Ali A.S.

5<sup>th</sup> Sha'baan is birthday of Ali Akbar bin Husain A.S.

6<sup>th</sup> Sha'baan is birthday of Bibi Zainab binte Ali A.S.

7<sup>th</sup> Sha'baan is birthday of Qasim bin Hasan bin Ali A.S.

13, 14, 15 Sha'baan are called *Ayyaam ul bayz* (bright days)

15<sup>th</sup> Sha'baan is birthday of Imam Muhammad Mahdi, Imam-al-Asr A.S.

### Recommended daily A'maal

1. Observe Fast
2. Give Alms for the sake of Allah
3. Recite this 70 times: **Astagh'firul'laaha wa as-a'luhut-tawbah.**  
**Translation:** I seek forgiveness of Allah, and ask His pardon.
4. Recite this also 70 times: **Astagh'firul'laahal-ladi laa ilaaha il'laa hu-ar Rah'maanur-Raheem, Al-Hay'yul-Qay'yoomu wa'toobu ilai-h.**

**Translation:** I seek forgiveness of Allah, the one who, there is no God except Him, the Beneficent, the Merciful, the Ever living, the Eternal, and I turn to Him repentant.

**Recite to a total of one thousand times (1,000) during the whole month the following:**

**La ilaaha il'lal'laah, walaa na'budu il'laa iy'yaah. Mukh'li-seena lahud-deen, walau karihal mush'ri-koon.**

Translation: There is no god except Allah. We do not worship (anyone) except Him alone, devoting religion exclusively to Him.

***Shab-e-Bara-at.*** The Night of Deliverance (from hellfire.)  
This is the night of 15<sup>th</sup> of Sha'baan.

According to a hadith of Holy Prophet S.A. stated in the Almanac, during the night of 15<sup>th</sup> of Sha'baan, the Almighty makes decisions in the matters of sustenance, life, death and welfare of the people. It is the most auspicious night after Shab-e-Qadr.

According to Imam Al Baqir A.S. and Imam As Sadiq A.S. Almighty Allah has promised to fulfill every legitimate desire put forward to Him this night.

It is recommended to spend the night in performing optional Salaats, Qur'an recitation, Dikr, recommended supplications, Duas, Ziyarat, etc.

For specific recommendation of A'maal for each day of the month of Sha'baan, and on special days and nights, please refer to a standard manual like Mafaatih (Almanac.)

\*\*These dates may be controversial.

THE END

**Reference: The Prayer's Almanac, P.E.T. Publications, Karachi, Pakistan.**

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