

Blessings of the month of Sha'baan

This is the eighth month of Muslim Lunar calendar. Like the previous month of Rajab and the following month of Ramadan, this month is also designated as a **blessed month**.

- According to Hadith Prophet Muhammad (S.A.) said: **“Sha'baan is my month”**

Imam Ali bin Hussain A.S. told his companions: “The Holy Prophet (S.A.) used to observe Fast during the whole month of Sha'baan. Therefore, whoever loves the Prophet and wishes to seek nearness of Allah and receive bounties and rewards in this world and the hereafter, should connect Sha'baan with Ramadan (i.e., Fast and make special prayers.) Observing Fast for three days each, in the beginning, in the middle and at the end of the month is highly recommended and considered equal to Fasting the whole month.

Special Dates.

1st ** Sha'baan is birth of Bibi Zainab binte Ali A.S (6th Shabaan according to some sources)

3rd Sha'baan is birth of Imam Husain bin Ali A.S.

4th Sha'baan is birth of Hazrath Abbas bin Ali A.S.

5th Sha'baan is birth of Imam Zain al-Abideen (A.S.) Also, ******birth of Ali Akbar bin Husain A.S. (11th Shabaan according to some sources)

7th Sha'baan is birth of Qasim bin Hasan bin Ali A.S.

8th Minor occultation (ghaibat-e-Sughra) of imam-e-Zaman (A.S.)

14th Shabaan evening (Aa'maal of Neema-e-Shabaan (night of Baraat)

13, 14, 15 Sha'baan are called *Ayyaam ul bayz* (bright days)

15th Sha'baan is birth of Imam Muhammad Mahdi, Imam-al-Asr A.S.

In the last three days of Shabaan, observing Fast is recommended

Recommended daily A'maal

1. Observe Optional Fast
2. Recite this 70 times:

أَسْتَغْفِرُ اللَّهَ وَ أَسْأَلُهُ التَّوْبَةَ

Astagh'firul'laaha wa as-a'luhut-tawbah.

Translation: I seek forgiveness of Allah, and ask His pardon.

3. Recite this also 70 times:

أَسْتَغْفِرُ اللَّهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الرَّحْمَنُ الرَّحِيمُ
الْحَيُّ الْقَيُّومُ وَآتُوبُ إِلَيْهِ.

D
U
A
S
-
O
R
G

Astagh'firul'laahal-ladi laa ilaaha il'laa hu-ar Rah'maanur-Raheem, Al-Hay'yul-Qay'yoomu wa'toobu ilai-h.

Translation: I seek forgiveness of Allah, the One, there is no God except Him, Who is the Beneficent, the Merciful, the Ever-living, the Eternal, and I turn to Him repentant.

4. Recite this to one thousand times (1,000) during the whole month the following:

لَا إِلَهَ إِلَّا اللَّهُ وَلَا نَعْبُدُ إِلَّا إِيَّاهُ مُخْلِصِينَ لَهُ
الدِّينَ وَ لَوْ كَرِهَ الْمُشْرِكُونَ.

D
U
A
S
-
O
R
G

La ilaaha il'lal'laah, wala na'budu il'laa iy'yaah. Mukh'li-seena lahud-deena walau karihal mush'ri-koon.

Translation: There is no god except Allah. We do not worship (anyone) except Him alone, devoting religion exclusively to Him, however much averse the polytheists might be.

(Shab Bara-at) (Night of Deliverance)

This is the night of 15th of Sha'baan. (Night after 14 Shabaan)

- According to a hadith of Holy Prophet (S.A.) stated in the Almanac, during the night of 15th of Sha'baan, the Almighty makes decisions in the matters of sustenance, life, death and welfare of the people. It is the most auspicious night after Shab-e-Qadr.
- According to Imam Al Baqir (A.S.) and Imam As Sadiq (A.S.) Almighty Allah has promised to fulfill every legitimate desire put forward to Him this night.
- It is recommended to spend the night in performing optional Salaats, Qur'an recitation, Dikr, recommended supplications, Duas, Ziyarat, etc.

For specific recommendation of A'maal for each day of the month of Sha'baan, and on special days and nights, please refer to a standard manual like Mafaatih (Almanac.)

**These dates are controversial.

Reference: The Prayer's Almanac, P.E.T. Publications, Karachi, Pakistan